Governor's Developmental Disabilities Council

Quick Reference List of Resources for Iowans with Disabilities & Family Members

Alliance for the Mentally III

Provides support and information to families, friends, and individuals with a mental illness.

5911 Meredith Drive, Suite E & DSM & 50322 Phone: 1-800-417-0417 or 515/ 254-0417

The Arc of Iowa

A statewide advocacy organization of parents and others representing people with mental retardation and other disabilities.

715 E. Locust St. P DSM 50309
Phone: 1-800-362-2927 or 515/283-2358
Fax: 515/244-4948 Fe-mail: Arclowa@aol.com

ASK Family Resource Center

Through its member organizations, ASK provides a broad range of information, advocacy, support, training, and direct services. A single contact can direct individuals or families to the most appropriate services and supports to meet their needs.

321 East Sixth Street Des Moines 50309-1903

Phone: 800-450-8667 or 515/243-1713 TDD: 800-735-2942 Fax: 515/243-1902

E-mail: info@askresource.org http://www.askresource.org

Family Voices

A national grassroots network of families, friends, and advocates working for health care services for all children with special health needs.

E-mail: f2f@askresource.org

Parent Training and Information Center of Iowa

The center works closely with educators, other service professionals and all concerned citizens to achieve the aims of the Individuals with Disabilities Education Act (IDEA) of 1997.

E-mail: jule@askresource.org

Autism Society of Iowa

A statewide advocacy organization of parents and others representing people lowans with autism.

4549 Waterford Drive West Des Moines 50266

Phone: 1-888-722-4799 9 515/ 327-9075

E-mail: autism50ia@aol.com ♦ http://www.autismia.org

Brain Injury Association of Iowa

An advocacy organization representing people with brain or head injuries.

Phone: 1-800-475-4442 or 319/272-2312

Center for Disabilities and Development, University of Iowa Hospitals and Clinics

As lowa's University Center for Excellence on Disabilities, the Center for Disabilities and Development (CDD) promotes the independence, productivity and community inclusion of individuals with developmental disabilities through a broad range of health care, training, technical assistance, and information sharing activities.

100 Hawkins Dr. **P** Iowa City **52242-1011** Phone: 877-686-0031 (toll-free) or 319/353-6900

TTY: 877-686-0032 **Fax**: 319/ 356-8284 E-mail; cdd-scheduling@uiowa.edu

http://www.uihealthcare.com/cdd

Alfred Healy Clinic

The Healy Outpatient Clinic provides individuals with disabilities and their families access to a unique combination of expertise, services, and family-centered health care. The most frequent needs that bring patients to the Clinic are comprehensive development evaluations and behavior, education, and communication concerns.

Phone: 877-686-0031 (toll-free) or 319/ 353-6900

E-mail: cdd-scheduling@uiowa.edu

Disability Resource Library

A lending library of books, videotapes, and other resources on disability issues: free for people with disabilities and family members. Other people, organizations, and agencies may purchase yearly subscriptions or may pay per item.

Phone: 800-272-7713 or 319/ 356-1345

Fax: 319/ 353-6532

E-mail: disability-library@uiowa.edu

http://www.uihealthcare.com/cdd - Click on Disability Resource Library

Inpatient Service

People with disabilities sometimes have complex needs that cannot be met through CDD's outpatient services. These patients may use the resources of the CDD Inpatient Service. Common concerns that bring patients to the Inpatient Service are acute neurotrauma rehabilitation, diabetes, behavior disorders, Ketogenic diet, and weight management.

Phone: 877-686-0031 (toll-free) or 319/ 356-7404

♦ Iowa COMPASS

A free information and referral service for lowans with disabilities and their families. Provides information about services such as health care, child development, education, employment, aging, and others. Also provides information and funding referral about assistive technology, and offers a Used Equipment Referral Service.

Phone: 800-779-2001 Fax: 319/384-5139 E-mail: iowa-compass@uiowa.edu http://www.iowacompass.org

Early Access

Early ACCESS serves infants and toddlers under the age of three that have "a condition or disability that is known to have a high probability of later delays in growth and development if early intervention services are not provided" OR "are currently experiencing a 25% delay in one or more areas of growth and development." Early ACCESS is for families and staff to work together in identifying, coordinating and providing needed services and resources.

→ Call Iowa COMPASS at 1-800-779-2001 for the regional contact in your area.

Easter Seals

Easter Seals is a community-based organization that provides programs, advocacy, education and support to people who have disabilities, their families and communities.

State Offices • P.O. Box 4002 • DSM • 50333 Phone: 515/ 289-1933 • FAX: 515/ 289-1281 TTY: 515/ 289-4069 • E-mail: ESSIA@netins.net http://ia.easter-seals.org

Family Support Subsidy

A monthly payment to help defray the costs of keeping a child with special needs at home. Family's taxable net income must be under \$40,000/year. Apply through Marion Kresse.

Phone: 515/281-4522

Governor's DD Council

A federally funded state agency committed to the empowerment of persons with developmental disabilities, working to make the system of support and services more responsive to individuals and families. The Council works to build and support other groups, like the Key Coalition, to accomplish this goal.

Voice/TTY: 1-800-452-1936 or 515/ 281-9082 Fax: 515/ 281-9087 E-mail: bharker@dhs.state.ia.us http://www.state.ia.us/ddcouncil

❖ InfoNet

Newsletter produced by the Governor's DD Council as a resource for information on legislative policy related to people with disabilities.

Phone: 515/ 281-9082 Fax: 515/ 281-9087 E-mail: fmorris@dhs.state.ia.us http://www.infonetiowa.com

N ID Action

lowans With Disabilities in Action is the DD Council's non-partisan statewide political action campaign to encourage lowans with disabilities and their families to more fully exercise their democratic rights and responsibilities.

Phone: 1-866-432-2846 or 515/ 453-2102 TTY: 515/ 453-2103 http://www.idaction.org

Iowa Able Foundation

Provides loans for assistive technology and home modifications.

c/o SPPG © 200 10th Street, 5th Floor © DSM © 50309 Phone: 515/ 243-2000 © TTY: 641/ 856-3350 http://www.iowaable.org © E-mail: sdixon@sppg.com

Iowa AgrAbility

Partially funded by the U.S. Dept. of Agriculture to help farm families affected by disabilities adapt their homes and farms.

62 LeBaron Hall Flowa State University
Ames, IA F 50011 Phone: 515/294-8520
Fax: 515/294-2502 E-mail: agrability@exnet.ia.state.edu
http://www.exnet.iastate.edu/Pages/agrability

Iowa Association of Community Providers

An association of agencies providing a variety of services to lowans with disabilities.

7025 Hickman Rd. & Urbandale, IA & 50322 Phone: 515/ 270-9495 & Fax: 515/ 270-1035

Iowa Department of Elder Affairs

Serves as a focal point for needs and concerns of older lowans.

Phone: 515/ 242-3333 TTY: 515/ 242-3302 http://www.state.ia.us/elderaffairs

lowa Department of Human Rights, Division of Persons with Disabilities

Provides individual assistance to lowans with disabilities in the areas of employment, education, physical access, housing, transportation, etc.

Lucas State Office Building DSM 50319

Phone: 515/242-6172 or 1-888-219-0471

Fax: 515/242-6119 http://www.state.ia.us/dhr/pd

lowa Department of Education,

Division of Vocational Rehabilitation Services

Works with individuals with disabilities to achieve their employment and economic goals.

Phone: 1-800-532-1486 or 515/281-4311

TTY: 1-800-288-7185 Fax: 515/ 281-4703 http://www.dvrs.state.ia.us

lowa Legal Aid

Provides legal services to low-income lowans.

1111 Ninth Street, Ste 230 @ DSM @ 50314 Phone: 1-800-532-1275 @ http://www.iowalegalaid.org

Legal Hotline for Older Iowans: 800-992-8161

Iowa Protection & Advocacy Services Inc. (P&A)

Protects the human and legal rights of people with disabilities and mental illness in lowa.

950 Office Park Rd. Suite 221 West DSM 50265 Phone: 1-800-779-2502 or 515/ 278-2502 TTY: 515/ 278-0571 Fax: 515/ 278-0539 http://www.ipna.org E-mail: info@ipna.org

Iowa Respite & Crisis Care Coalition

IRCCC is a parent-driven, non-profit organization that provides referral, advocacy, information, and limited funding for respite/crisis care services.

3821 71st Street, Ste A • Urbandale • 50322 Phone: 1-877-255-3140 or 515/ 309-0858 Fax: 515/ 309-0860

E-mail: ed@irccc.com * http://www.irccc.com

Iowa State Association of Counties (ISAC)

Private, non-profit state association of members of county government, a major funder of services to adults with disabilities.

501 SW 7th Street, Ste Q Des Moines 50309-4540 Phone: 515/244-7181 Fax: 515/244-6397 http://www.iowacounties.org

The Legal Center for Special Education

Provides a system of conflict resolution for special education and related cases in the State of Iowa and works to resolve disputes between families and schools.

317 E. 6th Street • Des Moines • 50309 Phone: 515/ 309-0033 • Fax: 515/ 309-0035 E-mail: tlciowa@mcleodusa.net

Social Security Administration

(US Dept. of Health & Human Services) Offers assistance on Social Security and Supplemental Security Income (SSI).

Phone: 1-800-772-1213 @ TTY: 1-800-288-7185

- Denotes projects supported by the DD Council